OREGON’S TRANSFORMATIVE SOCIAL AND EMOTIONAL LEARNING

**Course Description**

“Leading with Heart: Empowering Communities Through Transformative SEL” is a dynamic and interactive workshop that introduces participants to the **Oregon Department of Education’s Transformative SEL (SEL) Framework & Standards**, offering an in-depth exploration of its five core SEL competencies—self-awareness, self-management, social awareness, relationship skills and responsible decision-making—and their transformative focal constructs: **identity, agency, belonging, collaborative problem-solving and curiosity.**

**Designed for district and secondary school-based staff**—including but not limited to administrators, educators, counselors and support staff—this course provides strategies to strengthen equitable, inclusive practices and foster well-being across school communities.

Through a combination of **active, reflective and group-based learning experiences**, participants will

* + **Understand the Approach**: Build foundational knowledge of the Transformative SEL Framework and its transformative elements, exploring their relevance to equity, inclusion and fostering well-being for all members of the school ecosystem.
  + **Engage in the Approach**: Gain insight into the vital role of Transformative SEL in creating environments of trust, respect and collaboration and promoting success for all learners, especially students and adults from diverse groups, identities and cultures.
  + **Experience and Implement the Approach**: Participate in hands-on activities, including self-reflection exercises, group discussions, real-world scenario analyses and co-generative dialogues. These activities provide actionable strategies and structures for implementing Transformative SEL in participants’ unique professional contexts.

Throughout this training, participants can expect

* + Highly interactive and **group-oriented** sessions that require active participation
  + Opportunities for **self-reflection** and personal growth
  + Engaging discussions about SEL implementation **best practices**
  + Practical exercises to help participants identify ways to support **sustainable learning structures** in their schools or districts
  + A **supportive space** to explore challenges and solutions collaboratively

By the end of this course, district- and school-based staff will have a deeper understanding of Transformative SEL and practical tools to create equitable, inclusive and effective learning environments that support the holistic development of all individuals.