OREGON’S TRANSFORMATIVE SOCIAL AND EMOTIONAL LEARNING

**Action Planning: 3 Steps**

This activity helps you identify actionable steps to implement Transformative Social and Emotional Learning (SEL) by considering your control and influence at three levels: individual, interpersonal and institutional.

**Instructions**

1. **Use the 3 Steps Trifold**
2. **Identify your steps**  
   Take 10 minutes to brainstorm and identify one step for each area.

* **Individual step:** What is something within your control that you can do to support Transformative SEL in your practice?
* **Interpersonal step:** What next step can you take with a colleague or peer to advance Transformative SEL in your shared work?
* **Institutional step:** What is one action you can take within your organization to influence support for Transformative SEL?

1. **Write your steps down**

* Use the space provided to write down your steps for each level.
* Be specific and realistic and focus on actions you can control or influence.

**Materials**

* 3 Steps Trifold