OREGON’S TRANSFORMATIVE SOCIAL AND EMOTIONAL LEARNING

# How Social and Emotional Learning Supports Your Priorities

This content highlights the integral role social and emotional learning (SEL) plays in creating a thriving learning environment. By aligning SEL with academic, behavioral and relational goals, educators can enhance student success, foster positive relationships and support their own well-being and professional growth. SEL supports district priorities by promoting equitable practices, improving school climate, and driving sustainable student outcomes.

**Equity**

Equity ensures access to inclusive environments to develop self-awareness, social skills and emotional resilience. It is a foundational framework that integrates into every aspect of learning, ensuring that all students have the resources, support and opportunities needed to succeed. Rather than functioning in isolation, equity permeates curriculum design, instructional strategies, school culture and community engagement, creating a holistic approach that addresses systemic barriers and fosters inclusive, meaningful educational experiences.

**School Safety**

Across the country, schools and communities are discussing how to ensure the safety and well-being of every child. While there is no single solution, SEL plays a critical role. Evidence-based practices that build supportive relationships and promote social and emotional skills can help reduce bullying and isolation, promote belonging, boost engagement and curb future violence.

**Mental Health**

States, districts and schools looking to support the mental health and well-being of young people and adults often turn to SEL. SEL can promote positive mental health in many ways. SEL should be implemented as part of a system of mental wellness supports and resources, including promotion, prevention, early intervention and treatment strategies and programs.

**Civic Learning**

Today’s increasingly dynamic and multicultural society will call on the next generation of civic leaders to use a wide range of social and emotional skills, including deep levels of self-awareness, collaborative problem-solving and cultural competence. By integrating SEL into civic learning, students have opportunities to develop the skills and relationships needed to participate as caring and engaged members of their local community and the broader society.

**Workforce Preparation**

Like academic skills, social and emotional competencies create a foundation for students to pursue their career and life goals. By aligning and integrating SEL and workforce preparation efforts through an equity lens, states and districts can more intentionally promote the competencies and environments that will prepare youth to thrive and succeed in the workplace.

To learn more, see CASEL’s [How Does SEL Support Your Priorities?](https://casel.org/fundamentals-of-sel/how-does-sel-support-your-priorities/"HYPERLINK "https://casel.org/fundamentals-of-sel/how-does-sel-support-your-priorities/)