OREGON’S TRANSFORMATIVE SOCIAL AND EMOTIONAL LEARNING

# Digital Resource List

This document contains resources to support further learning and implementing Transformative Social and Emotional Learning (SEL). The sections include Overview, Student SEL Activities and Lessons, Adult SEL, Assessing SEL, Benefits of SEL, and ODE Resources.

## Overview

* [What is Social and Emotional Learning (SEL)?](https://www.youtube.com/watch?v=Y-XNp3h3h4A)
* [Transformative Social and Emotional Learning: In Pursuit of Educational Equity and Excellence](https://www.aft.org/ae/summer2021/jagers_skoog-hoffman_barthelus_schlund)
* [Transformative SEL](https://casel.org/fundamentals-of-sel/how-does-sel-support-educational-equity-and-excellence/transformative-sel/)

## Student SEL Activities and Lessons

* [SEL 3 Signature Practices Playbook](https://schoolguide.casel.org/resource/three-signature-sel-practices-for-adult-learning/)
* [SEL for Students: Self-Awareness and Self-Management](https://ggie.berkeley.edu/student-well-being/sel-for-students-self-awareness-and-self-management/#tab__3)
* [SEL for Students: Social Awareness and Relationship Skills](https://ggie.berkeley.edu/student-well-being/sel-for-students-social-awareness-and-relationship-skills/#tab__3)
* [SEL for Students: Ethical Decision-Making and Responsibility](https://ggie.berkeley.edu/student-well-being/sel-for-students-ethical-decision-making-and-social-responsibility/#tab__3)
* [SEL Kernels](https://ggie.berkeley.edu/student-well-being/sel-kernels/#tab__3)

## Adult SEL

* [A Comprehensive Guide to Adult SEL](https://www.panoramaed.com/blog/comprehensive-guide-adult-sel)
* [Adult SEL Toolkit for 2024–25](https://go.panoramaed.com/adult-sel-social-emotional-learning-toolkit-2023-24?utm_campaign=blog-top-cta&utm_content=adult%25SEL)
* [SEL for Adults: Self-Awareness and Self-Management](https://ggie.berkeley.edu/my-well-being/sel-for-adults-self-awareness-and-self-management/#tab__3)
* [SEL for Adults: Social Awareness and Relationship Skills](https://ggie.berkeley.edu/my-well-being/sel-for-adults-social-awareness-and-relationship-skills/#tab__3)
* [SEL for Adults: Ethical Decision-Making and Responsibility](https://ggie.berkeley.edu/my-well-being/sel-for-adults-ethical-decision-making-and-social-responsibility/#tab__3)

## Assessing SEL

* [Are You Ready to Assess Social and Emotional Learning and Development?](https://www.air.org/sites/default/files/SEL-Ready-to-Assess-Act-2019-rev.pdf)
* [CASEL Assessment Tools](https://casel.org/state-resource-center/assessment-tools/)
* [Choosing and Using SEL Competency Assessments: What Schools and Districts Need to Know](https://measuringsel.casel.org/pdf/practitioner-guidance.pdf?_gl=1*1ldx4uh*_ga*MTkzNDc0MjIyNi4xNjk0NjIxNTA4*_ga_WV5CMTF83E*MTY5NDc4Njg5Ny4zLjEuMTY5NDc4NzUwMi4wLjAuMA)
* [Measuring SEL? Choose Skills that Meet These Three Criteria](https://www.hanoverresearch.com/insights-blog/k-12-education/measuring-social-and-emotional-learning-sel-criteria/)
* [Self-Assessing Educator Social and Emotional Competencies and Instruction](https://www.air.org/sites/default/files/2022-12/GTL-Educator-Self-Assessment-Refreshed-2014-508.pdf)

## Benefits of SEL

* [The Truth About SEL? It Works](https://www.nea.org/nea-today/all-news-articles/truth-about-sel-it-works)
* [What Does the Research Say?](https://casel.org/fundamentals-of-sel/what-does-the-research-say/#:~:text=SEL%20contributes%20to%20healthy%20well%2Dbeing%20and%20safe%20schools&text=Students%20participating%20in%20SEL%20report,reductions%20in%20bullying%20and%20aggression.)
* [Why Social Emotional Learning Is Essential for Students](https://www.edutopia.org/blog/why-sel-essential-for-students-weissberg-durlak-domitrovich-gullotta)

## ODE Resources

* [Oregon’s Transformative Social and Emotional Learning Framework & Standards](https://www.oregon.gov/ode/educator-resources/standards/SEL/Documents/ODE_Oregon%27s%20Transformative%20SEL%20Framework%20%20Standards_FINAL%20(2).pdf)
* [Oregon’s Transformative Social and Emotional Learning Framework & Standards Implementation Guide](https://www.oregon.gov/ode/educator-resources/standards/SEL/Documents/Oregon%27s%20Transformative%20SEL%20Implementation%20Guide%20ACCESSIBLE.pdf)
* [Integrating Oregon’s Transformative SEL Standards in Content Area Instruction Planning Tool](https://odemail-my.sharepoint.com/:w:/g/personal/martinev_ode_oregon_gov/EXdGIhIKjdNOrL_jJCi6lhUBRurtoYDK6NSc5XmakiNqUQ?e=cuUAxI)