OREGON’S TRANSFORMATIVE SOCIAL AND EMOTIONAL LEARNING

# Getting to Know Each Other

You can use MetaFox cards during the opening session of a professional learning meeting, class or lesson to foster connections and create a welcoming atmosphere. They are particularly effective as an icebreaker to encourage participants to share personal insights or experiences, helping build rapport and a sense of community among colleagues. It is an example of an inclusive welcome. Please use the instructions below to facilitate the activity.

## MetaFox Cards Opening

* + The facilitator will spread the MetaFox cards face up on a table.
  + Participants will choose one card or image that resonates with them.
  + Participants will find a partner and introduce themselves, specify their role and the reason they choose their card or image.
  + Participants will find a new partner and introduce themselves, specify their role and answer the question on the back of the card.
  + Participants will find a new partner, introduce themselves, specify their role and share how the image relates to their role.